

Don Alex Buford, Jr., M.D.

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Work Experience

Sports Medicine Clinic of North Texas, Dallas, Texas 8/99 - current

Orthopedic Surgery practice specializing in arthroscopic and reconstructive surgery of the shoulder and knee

Education

Orthopaedic Surgery Sports Medicine Fellowship, 1998-1999

-Southern California Orthopedic Institute, Van Nuys, CA

Orthopaedic Surgery Residency, 1994-1998

-University of Texas Southwestern Medical Center, Dallas, Texas

General Surgery Internship, 1993-1994

-University of Texas Southwestern Medical Center, Dallas, Texas

University of California, Los Angeles, Medical School, 1988-1993

-1991 National Medical Association's Mickey Leland Scholarship recipient

University of Southern California, Los Angeles CA, 1985-1987

-1987 cum laude graduate with an B.A. in economics

-1987 Jess Hill Heritage Award winner as outstanding USC senior student-athlete

-1987 Woody Hayes Division I Academic All-American award recipient as

outstanding Division I male student-athlete

Stanford University, Palo Alto, CA, 1983-1985

-economics and pre-med major

Professional Associations/Certifications

American Academy of Orthopedic Surgeons – Fellow

Arthroscopy Association of North America - active member;

Admissions committee 2002-2005

Education committee 2005- 2007

American Board of Orthopedic Surgery – Board Certified 2001

Texas Orthopedic Association – member

Dallas Orthopedic Association – member

American Medical Association – member

Presentations/Poster Exhibits

- 2008 XXIX Congreso Nacional De Ortopedia, Mexico City, Mexico**
“SLAP Lesion Abuses?”
“Arthroscopic Repair of Posterior Shoulder Instability”
- 2008 Sports Shoulder Conference, Wrightington, England**
“The Overhead Athletes’ Shoulder, Internal Impingement Pathomechanics and Diagnosis”
“Operative Treatment of Internal Impingement”
- 2007 IX Curso Internacional de Hombro y Codo SMO, Ixtapa, Mexico**
“Arthroscopic Treatment of Rotator Cuff Tears Using Single Row Suture Anchors”
“Arthroscopic Treatment of Anterior Shoulder Instability”
“Arthroscopic Treatment of SLAP lesions”
- 2007 XI Curso Internacional HTS Traumatologia Hoy, Santiago, Chile**
“Arthroscopic Treatment of Massive Rotator Cuff Tears”
“Arthroscopic Treatment of Multidirectional Shoulder Instability”
“Arthroscopic Treatment of SLAP lesions and other Biceps Injuries”
- 2007 Evaluation and Treatment of the Injured Athlete, Martha’s Vineyard, MA**
“Traumatic Anterior Instability, Treatment Choices and Techniques”
“Rotator Interval Closure: When, Why, and How”
“SLAP Lesions: When and How to Treat”
“Management of Massive Rotator Cuff Tears”
- 2006 National Medical Association Annual Convention, Dallas, Texas**
“Arthroscopic Repair of Large and Massive Rotator Cuff Tears”
- 2006 28th Annual Mexican National Orthopedic Congress, Mexico City, Mexico**
“SLAP lesions: Overtreated or Underappreciated?”
“Arthroscopic Repair of Partial Thickness Rotator Cuff Tears”
“Arthroscopic Treatment of Proximal Biceps Tendon Pathology”
“Arthroscopic Repair of Large and Massive Rotator Cuff Tears”
“Arthroscopic Treatment of Shoulder Instability”
“Review of Thermal Capsulorrhaphy in Shoulder Arthroscopy”
“SLAP Lesion Diagnosis and Treatment”
- 2005 Arthroscopy Association of North America, Fall Meeting, Phoenix, AZ**
“SLAP lesions: Overtreated or Underappreciated?”
- 2005 50TH Chilean Sports Medicine and Trauma Congress, Santiago, Chile**
“Arthroscopic Treatment of Shoulder Instability”
“Arthroscopic Treatment of Large and Massive Rotator Cuff Tears”
- 2005 Arthroscopy Association of N. America Annual Meeting, Vancouver, Canada**
ICL: “Anatomy and Biomechanics of the Glenoid Labrum and Biceps Tendon”
ICL: “How I repair a rotator cuff tear arthroscopically”
- 2005 Baylor University Trauma and Sports Medicine Conference, Dallas, Texas**
"Arthroscopic Repair of Rotator Cuff Tears"
- 2005 ConMed National Sales Meeting, Tempe, Arizona**
"The Integrated Digital Operating Room"
- 2005 Linatec Residents and Fellows Conference, Palm Island, Florida**
Guest Faculty

"Arthroscopic Repair of Large and Massive Rotator Cuff Tears"

- 2005 Baylor University Rehabilitation System, Dallas Convention**
"Repair of SLAP lesions"
"Arthroscopic rotator cuff rehabilitation protocols"
- 2004 Arthroscopy Association of North America 23rd Annual Fall Course**
"Advanced Concepts and Techniques in Arthroscopic Rotator Cuff Repair
Instructional Course Speaker
- 2004 Nice Shoulder Conference, Nice, France**
"Arthroscopic Mumford Procedure Technique and Results"
"Arthroscopic Repair of Large Rotator Cuff Tears: Techniques and Results"
- 2004 Baylor University Trauma and Sports Medicine Conference, Dallas, Texas**
"Labral Injuries in the Athlete – SLAP Lesions"
"Arthroscopic Repair of Rotator Cuff Tears"
- 2003 21st Congress of the Spanish Arthroscopy Association, Zaragoza, Spain**
"The Role of Thermal Capsulorrhaphy in the Treatment of Shoulder Instability"
- 2003 21st Congress of the Spanish Arthroscopy Association, Zaragoza, Spain**
"Diagnosis and Treatment of SLAP Lesions and Internal Impingement"
Magistral Lecture, invited guest lecturer
- 2000 Arthroscopy Association of North America Annual Meeting, Miami, FL**
"A Review of Arthroscopic Thermal Shoulder Capsulorrhaphy"
- 2000 American Heart Association's "Search Your Heart Program", Dallas Texas**
"Osteoarthritis and Exercise", Guest Speaker
- 2000 American Academy of Orthopedic Surgeons Annual Conv., Orlando, FL
Academy of Shoulder and Elbow Surgeons Specialty Day**
"Mid-Term Results of Arthroscopic Co-Planing of the AC Joint"
- 1999 Linatec Residents and Fellows Conference, New Orleans, Louisiana**
"Mid-Term Results of Arthroscopic Co-Planing of the AC Joint"
- 1998 Texas Medical Association, Annual Meeting, Austin, Texas**
"Intramedullary Nailing of Femoral Fractures In Adolescents"
- 1997 Orthopaedic Trauma Association, Annual Meeting, Louisville, Kentucky**
"Intramedullary Nailing of Femoral Fractures In Adolescents"; poster exhibit
- 1997 Amer. Assoc. for Surgery of Trauma, Annual Meeting, Waikoloa, Hawaii**
"Intramedullary Nailing of Femoral Fractures In Adolescents"; poster exhibit
- 1996 American Orthopedic Association Resident's Conference, Baltimore, MD.**
"Intramedullary Nailing of Femoral Fractures In Adolescents"
- 1995 Linatec Resident's Conference, New Orleans, LA.**
"The Buford Complex-The Loose Ant. Sup. Labrum/Middle Glenohumeral Ligament
Complex: An Anatomic Variant"
- 1992 American Academy of Orthopaedic Surgeons Annual Conv., Washington D.C.**
"The Buford Complex-The Loose Ant. Sup. Labrum/Middle Glenohumeral Ligament
Complex: An Anatomic Variant"; co-author; presented by Dr. Stephen Snyder
"Biological Grafting for ACL Reconstruction - Autografts versus Allografts"; co-author;
presented by Dr. James M. Fox
- 1992 Arthroscopy Association of North America, Boston, MA**

"The Buford Complex-The Loose Ant. Sup. Labrum/Middle Glenohumeral Ligament Complex: An Anatomic Variant", presented by Dr. Stephen Snyder

Publications

- 2003** Buford DA: Diagnostic shoulder arthroscopy: The 23 point arthroscopic evaluation with normal anatomical variants and pathology. Chapter in Atlas of Shoulder Arthroscopy, ed. A Imhoff, J Ticker, F Fu; publ. Martin Dunst 10/2003.
- 2003** Bonsell S, Buford DA: Arthroscopic Reduction and internal fixation of a greater tuberosity fracture of the shoulder: a case report. Journal of Shoulder and Elbow Surgery 2003 Jul-Aug;12(4):397-400.
- 2000** Buford DA, Mologne T, et al.: Mid-term Results Of Arthroscopic Co-Planing of the Acromioclavicular Joint. Journal of Shoulder and Elbow Surgery 2000 Nov.-Dec;9(6):498-501.
- 2000** Buford DA, Karzel RP, Snyder SJ: SLAP Lesions: History, Diagnosis, Treatment, and Results. Techniques in Shoulder & Elbow Surgery 2000 Vol. 1(4), pg 202-208.
- 1998** Buford DA, Christensen K, Weatherall, P: Intramedullary Nailing of Femoral Fractures in Adolescents. Clinical Orthopedics and Related Research 1998 May;350:85-89.
- 1994** Buford DA, Williams MM, Snyder SJ: The Buford complex--the "cord-like" middle glenohumeral ligament and absent anterosuperior labrum complex: a normal anatomic capsulolabral variant. Arthroscopy 1994 Jun;10(3):241-247.

Course Instructor

- 2008** **American Academy of Orthopedic Surgery, San Francisco**
Lab instructor
"Arthroscopic repair of rotator cuff tears: mastering the essentials"
- 2007** **Boston University School of Medicine Sports Medicine Update 2007**
Martha's Vineyard, MA
Shoulder Faculty
- 2007** **San Diego Shoulder Arthroscopy and Arthroplasty, 24th Annual Meeting**
ALEX Model Shoulder Lab Coordinator
- 2007** **American Academy of Orthopedic Surgery**
OLC/AANA Masters Shoulder Course, Rosemont, IL
Lab Instructor
- 2007** **Shoulder Arthroscopy Lab, Mexico City, Mexico**
Lab Coordinator
- 2007** **American Academy of Orthopedic Surgery, 74th Annual Mtg, San Diego**
Lab instructor for ICL #2: Arthroscopic Repair of Rotator Cuff Tears, ALEX Model
- 2006** **Arthroscopy Association of North America Fall Meeting, Palm Desert**
ALEX shoulder model Laboratory Chairman
- 2006** **Arthroscopy Association of North America Fall Meeting, Palm Desert**
Focus Demonstration – "Arthroscopic Shoulder Instability Featuring the Bio Mini Revo and Spectrum II Suture Passing System"

- 2006** **Central American Shoulder Arthroscopy Lab, Mexico City, Mexico**
Shoulder Course Instructor
- 2006** **Latin American Shoulder Arthroscopy Conference, ConMed, Largo, Florida**
Shoulder Course Instructor
- 2006** **American Academy of Orthopedic Surgery**
Orthopedic Learning Center, Rosemont, Illinois
Shoulder Course Instructor
- 2005** **Arthroscopy Association of North America Fall Meeting, Phoenix, AZ**
ALEX Model and Cadaver Shoulder Lab Instructor
- 2005** **San Diego Shoulder Arthroscopy and Arthroplasty 22nd Annual Meeting**
Lab Instructor
- 2004** **Arthroscopy Association of North America Fall Meeting, Palm Desert,**
CA
Shoulder Lab Instructor
- 2004** **San Diego Shoulder Arthroscopy and Arthroplasty 21st Annual Meeting**
Lab Instructor
- 2004** **European Shoulder Arthroscopy Conference, Linvatec, Largo, Florida**
Shoulder Course Instructor
- 2003** **San Diego Shoulder Arthroscopy and Arthroplasty 20th Annual Meeting**
Lab Instructor
- 2003** **Dallas Shoulder Arthroscopy Workshop, Baylor University Medical Center**
Course organizer, lecturer, and lab instructor
- 2003** **International Shoulder Arthroscopy Conference, Largo, Florida**
Shoulder Course Instructor
- 2002** **San Diego Shoulder Arthroscopy and Arthroplasty 19th Annual Meeting**
Lab Instructor
- 2001** **San Diego Shoulder Arthroscopy and Arthroplasty 18th Annual Meeting**
Lab Instructor
- 1999** **American Academy of Orthopedic Surgery Learning Center, Rosemont,**
Illinois
Course Instructor, "Complex Knee Problems
- 1999** **San Diego Shoulder Arthroscopy and Arthroplasty 16th Annual Meeting**
Lab Instructor

Professional Baseball

1987-1991 Baltimore Orioles Organization

- first professional contract in 1987
- Baltimore Orioles Organization single season stolen base record holder
- Kinsella Award for NY-Penn League rookie-of-the-year
- placed on AAA roster 1990